



(912) 689-9748

<http://www.islandtimetakeout.com>

Indigo Coastal Shanty Dinner

STARTERS

Warm Artichoke Dip	\$9.95
<i>With sun-dried tomatoes & blue corn chips; warm, creamy & great for sharing</i>	
Plantains	\$8.95
<i>Crisp island bites, lightly salted with an avocado dipping sauce</i>	
Mezze	\$8.95
<i>Fragrant hummus with olivada, feta and warm flatbread</i>	
Calypso Nachos	\$13.95
<i>Melting Mexican cheeses, blackbeans, jerk chicken, pineapple, and avocado cream</i>	
Fried Green Tomatoes	\$8.95
<i>With a creamy schmear of Boursin, warm red pepper coulis and creamy grits</i>	

SALADS

Small House Salad	\$5.95
<i>Crisps greens & seasonal vegetables with your choice of dressing (please specify dressing or ranch will be sent as default)</i>	
Large House Salad w Chicken	\$13.95
<i>Crisps greens & seasonal vegetables with your choice of dressing (please specify dressing or ranch will be sent as default)</i>	
Calypso Salad w Jerk Chicken	\$15.95
<i>A confetti of field greens, jerk chicken, seared corn, black beans, blue corn crisps & pineapple salsa with a sunny citrus vinaigrette</i>	
Bombay Chicken Salad w Chicken	\$13.95
<i>Our favorite chicken salad over a bed of crisp greens, tossed in a sunny citrus vinaigrette w/ a wedge of grilled flatbread</i>	
Shanty Blue w Chicken	\$16.95
<i>Toss of arugula, confetti of cabbage, crisp green apple, blue cheese, dried cranberries, pecans & red onion w/ citrus vinaigrette</i>	
Add Grilled Chicken to Salad	\$5.00

Noodle Bowl

Pac - Rim Noodle Bowl	\$11.95
<i>Additive toss of crisps greens, confetti of cabbage and carrots, green onion, fresh herbs & noodles in a Thai peanut & ginger vinaigrette with toasted sesame seeds</i>	
Add Jerk Chicken to Bowl	\$5.00
Add Tofu to Bowl	\$5.00
Add Jerk Shrimp / Market	\$6.00

SANDWICHES & BURGERS

All served choice of one side (please specify or fries will be sent as default)

Point Loma Fish Sandwich / Market	\$17.95
<i>Grilled, blackened or fried, with lettuce, tomato, isla slaw & our spiked tartar sauce</i>	
Bombay Chicken Salad Sandwich	\$13.95
<i>Our favorite chicken salad with nuance Indian spices on grilled flatbread with a dollop of fruit chutney</i>	
Pimiento Cheese Burger	\$13.95
<i>A Juicy 8 oz. burger with grilled onions & our chunky melting pimiento. Were talkin' some "South n your mouth."</i>	
"Raj" Burger	\$13.95
<i>Means a juicy 8 oz. burger lightly dusted India's spices & topped with a crumble of melting blue cheese & dollop of spiced fruit chutney.</i>	
Fried Green Tomato Sandwich	\$13.95
<i>With crisp smoked applewood smoked bacon, schmear of creamy boursin, spring greens & red pepper coulis</i>	
Shanty's Meatloaf Sandwich	\$13.95
<i>On a toasty roll with garlic aioli, spring greens & sweet tomato gravy</i>	
Black Bean Burger	\$13.95
<i>Topped with a slice of fried green tomato herbed cheese, red peppper coulis and spring greens</i>	

SIGNATURE PLATES

Sesame Crusted Catfish	\$19.95
<i>Crisps filet served with plum miso sauce, spiked tarter and Isla Slaw over fragrant over jasmine rice</i>	
Shanty's Meatloaf Plate	\$14.95
<i>Moist and Tender with a sweet tomato gravy over Idaho mash with seasonal veg</i>	
"Jerked" Chicken Tostadas	\$13.95
<i>Chicken Jerked with vibrant island spices on blue corn tostada with schmear of black beans, Isla Slaw and pineapple salsa; served with black beans & brown rice</i>	
Charleston Sautee	\$22.95
<i>Local Shrimp & country ham with sweet peppers, onions, ripe tomatoes and file gumbo over our creamy grits with a tumble of fried okra</i>	
Fisherman's Bowl	\$23.95
<i>Saute of local shrimp and tilapia in a flavorful broth with fennel & tomatoes over couscous with crumble of feta cheese</i>	
Bahamian Chicken Curry	\$14.95
<i>Sweet Potato & kale in a coco nut milk curry broth with fragrant Jasmine rice</i>	
Oven Roasted Relleno	\$14.95
<i>Pablano stuffed with a rustic pork picadillo, topped with melting Mexican cheese guajillo ranchera served with black beans, brown rice and Isla Slaw</i>	

KIDS & DISCRIMINATING TEENS

All served with a choice of one side (please specify or fries will be sent as default)

Kids Chicken Tenders	\$6.95
Kids Grilled Cheese	\$5.95

EXTRAS

Warm Flatbread	\$1.95
Sour Cream	\$0.75
Pineapple Salsa	\$1.95
Guacamole	\$3.50

SIDES

Isla Slaw	\$2.75
French Fries	\$2.95
Mashed Potatoes	\$2.75
Cheese Grits	\$2.75
Fried Okra	\$2.95
Sweet Potato Fries	\$2.95
Black Beans & Brown Rice	\$2.75

DESSERTS

Chocolate Bread Pudding	\$5.95
<i>Served with a dollop of sweet whipped cream</i>	

WARNING:

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.

Consumer Advisory:

Some items contain peanuts or allergic ingredients. If you are allergic to some types of food, please ask server before ordering the food menu.